



**PHILIPPINE
SPORTS
INSTITUTE**

MEDICAL AND SCIENTIFIC ATHLETES SERVICES

FRAMEWORK TOOL FOR REINTRODUCING SPORT IN A COVID-19 ENVIRONMENT PER SPORT GUIDELINE

#PSCKeepsActiveonECQ
#ProductiveTimeoutwithPSC
#parasainangbayan
#IAmSportsPositive

WINDSURFING, KITEBOARDING

FRAMEWORK TOOL FOR REINTRODUCING SPORT IN A COVID-19 ENVIRONMENT - PER SPORT GUIDELINE

SPORT SPECIFIC FRAMEWORK

<p>WINDSURFING/ KITEBOARDING</p>	<p>Movement limited to home training and physical fitness</p>	<p>Village or BGY. Area cardiovascular training compounded with home circuit training</p>	<p>Water activities are still prohibited in some areas.</p> <p>In areas allowed. Solo Windsurfing can already be practiced but care must be taken during interaction after the sport has been fulfilled.</p> <p>No classes coaching allowed.</p> <p><u>*PENDING APPROVAL OF IATF AS A GCQ ACTIVITY</u></p>	<p>Solo Windsurfing can be performed, and care must be taken during interaction after the sport has been fulfilled.</p> <p>Person to person instructional classes (1-on-1) allowed.</p>	<p>Solo Windsurfing can be allowed and Race simulation with distance of 7 -10 meters from the next sailor and coaches are present in boats no less than 10 meters away from Windsurfer</p>
<p>GENERAL HYGIENE RECOMMENDATIONS</p>	<p>MASK USE IS OPTIONAL DURING TRAINING</p> <p>HANDWASHING IS REQUIRED</p>	<p>MASK USE IS MANDATORY WHENEVER STEPPING OUT OF THEIR RESIDENCE DURING HOME TRAINING</p>	<p>NO SHARING OF EQUIPMENT</p> <p>DISINFECT EQUIPMENT BEFORE AND AFTER USE</p> <p><u>MASK USE DURING IN-WATER ACTIVITY IS OPTIONAL.</u></p> <p><u>MASK USE IS RECOMMENDED ON DRY LAND AND IN AREA WITH POSSIBLE PERSON TO PERSON INTERACTION</u></p>	<p>ENGINEERING AND SAFETY PROTOCOLS</p> <p>ASSIGNMENT OF TEAM SAFETY PROTOCOL OFFICER</p> <p><u>MASK USE DURING IN-WATER ACTIVITY IS OPTIONAL.</u></p> <p><u>MASK USE IS RECOMMENDED ON DRY LAND AND IN AREA WITH POSSIBLE PERSON TO PERSON INTERACTION</u></p>	<p>CONSIDER TESTING PLAYERS/ATHLETES OR PARTICIPANT IN PREPARATION FOR "ACTUAL" RESUMPTION OF ORGANIZED REGATTA</p> <p>CONSIDER TESTING FACILITY STAFF</p> <p><u>MASK USE DURING IN-WATER ACTIVITY IS OPTIONAL.</u></p> <p><u>MASK USE IS RECOMMENDED ON DRY LAND AND IN AREA WITH POSSIBLE PERSON TO</u></p>

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					PERSON INTERACTION
FACILITY RECOMMENDATIONS	N/A	N/A	<p>FACILITY PROTOCOLS FOR DISINFECTION ARE ENFORCED</p> <p>SOCIAL DISTANCING BETWEEN PERSONS ON ASSEMBLING AND DISASSEMBLING EQUIPMENTS (IF SOLO WINDSURFING HAPPENS AT THE SAME TIME)</p> <p>- A Health Declaration form complete with contact details must be filled up prior to playing for possible contact tracing.</p>	<p>ENGINEERING AND SAFETY PROTOCOLS – BEFORE AND AFTER DISINFESTATION OF THE EQUIPMENTS AND STORAGE AREA.</p> <p>SUPPORT BOAT LIMIT TO TWO PAX (COACHES ONLY)</p> <p>- A Health Declaration form complete with contact details must be filled up prior to playing for possible contact tracing.</p>	<p>CONSIDER HIRING TRAINING VENUE UTILITY AID FOR REGULAR DISINFECTION OF STORAGE AREA AND COMMON AREA.</p> <p>SUPPORT BOAT LIMIT TO TWO PAX (COACHES ONLY)</p> <p>- A Health Declaration form complete with contact details must be filled up prior to playing for possible contact tracing.</p>
SPECTATOR ADDITIONAL PERSONNEL	N/A	N/A	ONLY ONE ACCOMPANYING PERSON IF A CHILD	<p>NO SPECTATORS ALLOWED</p> <p>MAXIMUM ONE COMPANION AS NECESSARY – PROPERLY PROTECTED AND DISTANCED</p>	<p>NO SPECTATORS ALLOWED</p> <p>MAXIMUM ONE COMPANION AS NECESSARY PROPERLY PROTECTED – AND DISTANCED</p>